



Book Review

Mastering the Market Cycle – Getting the Odds on Your Side

Author:

Mr. Howard Marks

Published by: Nicholas Brealey Publishing, John Murray Press

The number of Pages: 321

Book Reviewer:

Vasumathy S. Hariharan

Professor - Finance,

Shri Dharmasthala Manjunatheshwara Institute for Management Development

Email: vasumathy@sdmimd.ac.in

Successful accomplishment of building a portfolio that outperforms its peers entails a closer observation of, let me correct, “paying heed” to various cycles. By various cycles, I mean Economic cycles, profit cycles, debt cycles, credit cycles, real estate cycles, financial market cycles etc. Acknowledging the presence of cycles is essential and by understanding where each of the investors is in those cycles can aid in making informed decisions about asset allocation and risk management. This seems to be the underlying message of this book. It isn’t as easy as it sounds. With markets moving towards perfection, every investor has access to all forms and kinds of data. Every investor sets out to analyse similarly, which results in similar probability distributions, and this does not guarantee success. It is not performing the analysis that makes the difference, but how effectively he or she can superimpose this distribution on the cycles and take positions is what determines success. Investors who can interpret data through the lens of the current economic climate are better positioned to make strategic investment decisions. Interpreting cyclical trends allows investors to identify potential entry and exit points for specific asset classes, potentially achieving superior returns. While analysing data is crucial, understanding and effectively navigating various economic cycles is a key factor in building a portfolio that outperforms its peers. The differentiator lies in combining analysis with cyclical awareness. Predicting the exact peaks

and troughs of cycles is extremely challenging. But maintaining a long-term approach becomes crucial, while cyclical awareness can be beneficial, building a diversified portfolio for the long term remains paramount for sustainable growth.

The book fulfils the Masterclass Criteria for best books as it possesses all the essential elements (strong opening, captivating story, sharp dialogue, unique style) that authors strive for, as mentioned by Master Class. As icing on the cake, the author’s firsthand experience adds credibility and potential depth to the content focusing on the vast investor population creating a large market. The promise of a comprehensive guide (potentially like an encyclopaedia) covering various investment cycles and offering valuable insights will likely attract readers and serve as engaging content throughout the book. The focus on practical aspects like portfolio positioning and involvement of skilled individuals caters to readers seeking actionable investment knowledge. With the rise of technology and accessible financial markets, the contents could be relevant to a broad audience, not just professional investors.

The primary focus is on Value investing, unlike books promising simple solutions, this one emphasizes the core principle of value investing - buying good businesses at cheap prices. It follows a realistic approach, and the author fully acknowledges the complexity of the

market and avoids oversimplification. He emphasizes Data-driven decisions and the importance of thorough analysis, interpretation, and informed decision-making based on data, not predictions or market cycles. The author's successful track record adds weight to his approach, adding credibility over other books that are abundantly available in the market claiming easy solutions. In essence, the book advocates for a disciplined and analytical approach to investing, emphasizing the importance of identifying undervalued companies with strong fundamentals rather than relying on market timing or simple formulas. It offers a realistic and potentially valuable perspective for investors seeking to outperform the market through data-driven analysis and a focus on value investing.

The book emphasizes understanding different cycles (economic, profit, credit, etc.) and their interconnectedness. Investor psychology and sentiment significantly influence these cycles. While cycles exhibit patterns, their irregularity stems from the random nature of the underlying factors. Past performance does not guarantee future results. Random events and human behavior make future predictions difficult. Precise foresight cannot be solely taught but comes through experience. Investors should avoid emotional decisions based on market extremes (excessive optimism or pessimism). Investors should strive to understand the economic cycles and their influence on markets. Precise cycle prediction is challenging due to randomness and human behavior. A value investing approach combined with risk management is crucial for long-term success. Investors should avoid getting caught up in market euphoria or despair and base their decisions on rational analysis.

The author continues to explain the cycles like profits, economic, credit, debt, and real estate, with a prologue on the nature and regularity of the cycles, in general. All these cycles come together and combine with "idiosyncratic and random influences" to cause the behavior of the securities market. As Warren Buffet puts forward, desirable information must be important and also knowable. Forecasting fails often due to the fact mostly that information is not knowable. Another

interesting point in the book was the definition of risk management, it is the balancing act between aggressive and defensive and adjusted over time. The outliers on either side of the distribution are results of "exaggerated swings of the pendulum of psychology" A clear understanding of these excessive swings is considered as an entry-level requirement for investors to avoid any harmful effects of the cycles on the portfolio. An interesting comparison is attempted between cycles and pendulums. Both exhibit tendencies of mean reversal with greater momentum pushing them to the extreme opposite position from where they started. When the sojourn at the midpoints is for a very short time, investors do not celebrate that like the way they celebrate the extremes! The disposition of the investors towards risk also changes from time to time depending upon the position of their portfolios. During hay times, they are more risk-accepting and during difficult times, it is the reverse. The art of optimizing the portfolio returns depending upon the prices should be linked with the credit cycle as during stringent times, the firms desirous of raising funds may be willing to accept lower valuations against higher interest rates, leading to better bargains for investors. All these cycles culminate into market cycles. A precise judgment of the cycles and their impact on markets would mar the possibility of the investors getting caught unawares with a steep fall of a bull market, eroding their capital. Increasing their investments with too much positivism ends up in a bubble only to result in a downfall. "To know where the pendulum of psychology and the cycle in valuation stand in their swings" is the baseline. This would restrain investors from buying when too much positivism prevails and selling during distress times. To sum up, the keyword is "calibrating" and what is that? In his own words "When we're getting value cheap, we should be aggressive; when we're getting value expensive, we should pull back". Three crucial things are Knowledge: Investors should equip themselves with knowledge of cycles and market behavior, Discipline: Sticking to a value investing strategy and avoiding emotional decisions is key, and Experience: Experience gained through market observation and analysis refines investment judgment.